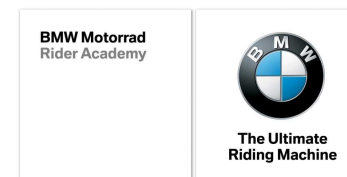


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Zwartkops Raceway

Course name	Content	Duration	Cost
Introduction to Motorcycling <i>Novice course</i>	This course is suitable for new riders or riders who have not ridden a motorcycle before. This intensive course provides theoretical & practical training, which covers all the essential elements of riding, preparing the beginner rider for the road. All practical training takes place in a controlled environment. Cost includes use of 250 cc motorcycle, helmet & gloves, light lunch and refreshments. If you already own a bike, it will be to your benefit to bring it along on the second training day. The course requires that you MUST be a competent bicycle rider.	2 consecutive days	R1,295 50% discount for students 16 – 18 years of age.
Refresher Rider Training	The course is invaluable to anyone who have not ridden a motorcycle for a number of years and contemplating returning to motorcycling. It is also aimed at motorcyclists who already mastered the basics, but still need to improve confidence on the open road. This course is directed at re-familiarising the student with the correct riding skills and techniques. All practical training takes place in a controlled environment. Own motorcycle recommended, but a 250 cc training bike can be provided.	1 day	R670
Scooter Rider Training	Directed at beginners or riders who have had no formal training. This course focusses on road riding safety aspects and on a practical level improves confidence, ensuring that basic riding skills are correctly for your own safety, exercises are practised within a controlled environment. Own scooter / BMW C1 and riding gear required.	1 day	R670
K53 License Training	This course is suitable for current riders, who already obtained a learners license and will soon be completing their license test. This course is license specific and covers all the test exercises when going for your practical license test. It familiarizes each rider with the test exercises and other requirements of the test and will give you a head start to pass your K 53 license. We recommend that you attend this course a week prior to your license test for best results. Own motorcycle and riding gear required.	2 – 4 hours	R230
Proficiency Rider Training	There are many riders who have never had any formal training. Not only does this increase the risk of accidents but it undermines the pleasure derived from confident and safe riding. This course is directed at current riders who want to develop and improve their riding capabilities. Exercises are focused on emergency situations and done at 80-100 km/h. Part of the training is conducted on the race track. Full gear and own motorcycle required.	1 day	R670 on weekdays. R770 on Saturdays
Cruiser Proficiency Rider Training	The course content is the same as the Proficiency course above, but is offered especially for riders attending the course with Cruiser type motorcycles. Part of the training is conducted on the race track. Full gear and own motorcycle required.	1 day	R670 on weekdays. R770 on Saturdays
Advanced Rider Training	This course offers high performance riding under the supervision of trained instructors, and adds a new dimension to riding. Course exercises are performed at high speed and very technical. It is strongly recommended to attend either the Proficiency or other formal training prior to the Advanced course, in order to maximize safety as self-taught riders usually apply a few basic riding techniques incorrect, compromising safety. This course builds on the principles taught in the Proficiency course, it is therefore beneficial that you have attended the proficiency course prior to the Advanced. This course also includes emergency scene management. Part of the training is conducted on the race track. Full gear and own motorcycle required.	1 day	R670 on weekdays. R770 on Saturdays
Advanced Cruiser Rider Training	The course content is the same as the Advanced Rider Training, but is offered especially for riders attending the course with a Cruiser type motorcycle. Part of the training is conducted on the race track. Full gear and own motorcycle required.	1 day	R670 on weekdays. R770 on Saturdays